



Peace Of Mind Pacific County

Hope Letter #5



Laundry Love Notes

I just want to start by saying Thank you for this program. If it wasn't for you guys my family wouldn't be able to have clean cloths and we have a new baby at home so it's definitely appreciated . Thank you.

This is a very necessary service for us. It helps out so much, and really give us the confidence of day to day things being able to be fresh & clean.

Sometimes Hope comes in the shape of 14 quarters and a Tide laundry pod. Sometimes it comes in the gentle, compassionate voice of a PPR volunteer welcoming a guest to Laundry Love (LL♥). For the past year and a half year (prior to our COVID 19 stay home, stay healthy order), community members would find a Peninsula Poverty Response (PPR) volunteer ready to offer quarters and a welcome every Wednesday at the Long Beach Laundromat. For the safety of our volunteers and the community, PPR put LL♥ on hold so to speak. But as of April 29, LL♥ has returned better than ever. Every Wednesday from 1:30 – 3:00, community members will now find LL♥ at both the Long Beach Laundromat as well as the Seaview Laundromat. We are asking all who will use our services to follow distancing guidelines, which may mean you may need to wait outside of the actual laundromat while your clothes are washing and drying .



Sometimes Hope comes looking like a can of tuna fish and a box of macaroni and cheese; sometimes it comes looking like a bear proof metal box. On November 19, 2017, Ocean Park Lutheran Church launched its first Little Free Pantry ministry on the corner of North 2nd and Oregon in Long Beach. Literally minutes after the congregation blessed the work of the LFP, community neighbors began being served. Since then, OPLC has added a second Little Free Pantry on Bay Avenue in Ocean Park, located right in front of the OP Food Bank.



During this time of COVID, the people served through the LFP has vastly increased. And our peninsula community has responded to the need in generous ways. Food in the LFP is being replenished each day, and yet, unfortunately by the next day, the pantry is often empty. We realize that there are times when neighbors in need go

to the LFP and there is nothing or very little in it. Because of the rapid turnover that we are experiencing, we've been moved to include fresher items that won't spoil in a (hot or cold) metal box. Items such as potatoes, onions, carrots and greens have been left without any sign of spoilage since they disappear by the next day. Please keep this in mind as you share. - Pastor Dawna Svaren





PPR: Started in 2012, Peninsula Poverty Response is a grass roots organization, with a mission to reduce the consequences related to poverty through advocacy, awareness and action. See the website, peninsulapovertyresponse.org or the PPR Facebook page.



Chinook

HOPE Heroes!!

The great neighborhood free libraries! We salute those who created and maintain these little islands of HOPE in our community. You have given us the opportunity for self care through reading. And now, in flexible times you also offer dvds, food and necessary products.



Long Beach



Ocean Park



Seaview

POMPC coffee hour meets virtually on ZOOM
Wednesdays at 1:00 pm.
ZOOM meeting ID:651-369-196.
For conversation options other than ZOOM,
please call or text Barbara at 1-360-244-5566.

Coffee Hour and POMPC Contact:
Barb @360.244.5566

OR based Warm Line
1.800.698.2392

WA based Warm Line
1.877.500.9276

Pacific County Covid-19
News and Info
360.642.9407 South County
360.875.9407 North County

Mobile Crisis 1.800.224.2289

Crisis text line "HELLO" to 741741

Teen Link 1.866.833.6546

POMPC
PO Box 708
Ocean Park, WA 98640

LET YOURSELF REST

If you're exhausted, rest.

If you don't feel like starting a new project, don't.

If you don't feel the urge to make something new,
just rest in the beauty of the old, the familiar, the known.

If you don't feel like talking, stay silent.

If you're fed up with the news, turn it off.

If you want to postpone something until tomorrow, do it.

If you want to do nothing, let yourself do nothing today.

Feel the fullness of the emptiness, the vastness of the
silence, the sheer life in your unproductive moments.

Time does not always need to be filled.

You are enough, simply in your being.

Jeff Foster



*We expect a better future in
a realistic way. - POMPC Principle*