

Peace of Mind Pacific County April 2025 programs:

HEART 2 HEART: Wednesday April 2nd and 16th, 1-2pm at Ocean Park Lutheran Church. Heart 2 Heart is a peer led guided discussion covering different topics and led by different peers each meeting.

Senior Men's Peer Support: meets Thursday April 3rd and 17th at the Whalebone Cottage in Ocean Park from 5:15 until 6:30pm. Mature men of a certain age gather to discuss issues and concerns that only they can experience.

Grief Talk: Peer led support for those who experience loss and it's affects. Whether spouse, friend, job, or relationship grief is difficult to go through alone. Non judgmental support proved. Meets Saturday April 5th and 19th, at the Whalebone Cottage from 11am-12noon.

Of course coffee, tea and light snacks are provided.

Every POMPC program and event is provided to our community FREE of charge thanks to the support of community donations and grants.

Everyone is welcome!



POMPC
P. O. Box 708
Ocean Park, WA 98640
www.pompc.org
info@pompc.org
360.642.3448